

# KOSHER LUNCHES AND SNACKS

## KOSHER LUNCHES AND SNACKS

Your child will need to bring a lunch and two snacks (morning and afternoon) each day. Lunches should be brought from home in a standard lunch box labeled with the student's name. Please pack the morning snack so that it can easily be removed from the lunch box. The school will provide plates, cutlery and cups for students' use.

**Only kosher foods are permitted to be brought to school.** Please check the list of kosher symbols enclosed and look for these symbols on products when purchasing snacks and lunches for your child. Do not hesitate to enlist our assistance in ascertaining whether the foods you wish to send with your child are kosher.

**NOTE:** The letter D next to a Kosher symbol means it is a dairy product, and may not be served along side a meat lunch. ® is not a Kosher symbol. For a list of reliable Kosher symbols please visit [www.crcweb.org](http://www.crcweb.org).

The school encourages parents to make sure their children are given nutritious foods that they will enjoy. **Please do not pack any form of candy in your child's lunch or snack.**

### COMMON KOSHER SYMBOLS



The letter D next to a Kosher symbol means it is a dairy product, and may not be served alongside a meat meal. ® is not a Kosher symbol.

For a list of reliable Kosher symbols please visit <http://www.kosherquest.org/symbols>